

## EXTRA-CURRICULAR WINTER SPORTS TIME-TABLE 2018/2019

<u>DAY/MORNING</u> 7.50-8.20AM	<u>LUNCH</u> 12.45-1.30PM	<u>AFTER SCHOOL</u> 3.30PM-5PM FOR ALL SPORTS. HOCKEY THE EXCEPTION. CHECK TIMES BELOW.
<u>MONDAY</u>	<ul style="list-style-type: none"> <li>➤ <b>GYMNASTICS ALL YEARS</b></li> <li>➤ <b>FUTSAL (SOCCER) ALL YEARS</b></li> </ul>	<ul style="list-style-type: none"> <li>➤ SENIOR B BASKETBALL (3.30-4.30PM)</li> <li>➤ SENIOR A BASKETBALL (4.30-5.30PM)</li> <li>➤ MINOR C &amp; D HOCKEY (1<sup>ST</sup> YRS.) (3.30-4.30PM)</li> <li>➤ MINOR A &amp; B HOCKEY (1<sup>ST</sup> YRS.) (4.30-5.45PM)</li> </ul>
<u>TUESDAY</u>	<ul style="list-style-type: none"> <li>➤ <b>ALL YEARS LUNCHTIME RUN</b></li> </ul>	<ul style="list-style-type: none"> <li>➤ 3<sup>RD</sup> &amp; 4<sup>TH</sup> YEAR CADETTE BASKETBALL (OUTDOOR COURTS)</li> <li>➤ 1<sup>ST</sup> YR. BADMINTON</li> <li>➤ <b>ATHLETICS: ORGANISED SESSIONS WITH ADVANCE NOTICE (*NOT ON EVERY WEEK)</b></li> <li>➤ JUNIOR A,B,C,D HOCKEY (3.30-4.30PM)</li> <li>➤ SENIOR A,B,C,D HOCKEY (4.30-5.45PM)</li> </ul>
<u>WEDNESDAY</u>		<ul style="list-style-type: none"> <li>➤ 2<sup>ND</sup> YEAR JUNIOR BASKETBALL (INDOOR COURTS)</li> <li>➤ ALL MINOR HOCKEY (1-2.15PM)</li> <li>➤ HOCKEY GAMES HOME &amp; AWAY (2.30PM ONWARDS)</li> </ul>
<u>THURSDAY</u>	<ul style="list-style-type: none"> <li>➤ <b>ALL YEARS LUNCHTIME RUN</b></li> </ul>	<ul style="list-style-type: none"> <li>➤ 2<sup>ND</sup>, 3<sup>RD</sup>, 4<sup>TH</sup>, 5<sup>TH</sup>, 6<sup>TH</sup> YR. BADMINTON</li> <li>➤ JUNIOR C,D &amp; SENIOR A,B HOCKEY (3.30-4.30PM)</li> <li>➤ JUNIOR A,B &amp; SENIOR C,D HOCKEY (4.30-5.45PM)</li> </ul>
<u>FRIDAY</u>	<ul style="list-style-type: none"> <li>➤ <b>GYMNASTICS ALL YRS</b></li> </ul>	<ul style="list-style-type: none"> <li>➤ 1<sup>ST</sup> YR. MINOR BASKETBALL (INDOOR COURTS)</li> <li>➤ ALL FIRST YEAR HOCKEY (3.30-4.30PM)</li> </ul>

# EXTRA-CURRICULAR WINTER SPORTS TIME-TABLE 2018/2019

---

YOU CAN CHOOSE AS MANY AFTER SCHOOL SPORTS AS YOU WISH. SHOULD YOUR TRAINING SESSIONS CLASH SPEAK TO THE COACHES OF THE SPORTS AND SOMETHING WILL BE ARRANGED FOR YOU TO ENABLE YOU TO KEEP UP BOTH ACTIVITIES.

## COACHES

**BASKETBALL:** MS. MCMORELAND, MR. O'SULLIVAN, MS. COEN, MR. LEONARD

**HOCKEY:** MS. HURLEY

**BADMINTON:** MR. O'SULLIVAN

**ATHLETICS (CROSS-COUNTRY/TRACK & FIELD) & CIRCUITS:** MS. CORRIGAN

**GYMNASTICS:** MS. COEN