

SUMMER EXTRA-CURRICULAR SPORTS TIMETABLE 2017

<u>DAY</u>	<u>MORNING</u> 8-8.25AM	<u>LUNCH</u> 12.55 – 1.25PM	<u>AFTER SCHOOL</u> 3.30-4.30pm (times vary, consult coach) WEDNESDAY DIFFERENT START/FINISH TIME FOR DIFF. SPORTS – CONSULT COACH.
MONDAY	Gym Balcony	➤ NON-COMPETITIVE ROUNDERS. ASSEMBLE ON GRIT PITCH TO PLAY ALL YEARS	➤ CAMOGIE – ALL YEARS
TUESDAY	Gym Balcony	➤ ATHLETICS TRAINING - ALL YEARS	➤ GAELIC FOOTBALL – ALL YEARS ➤ CRICKET – JUNIORS & SENIORS
WEDNESDAY	Gym Balcony		➤ GOLF – ALL YEARS (1.45-4.15PM) ➤ TENNIS – (COMPETITIVE PLAYERS ONLY, ALL YEARS) (TRAINING WILL BE IN CASTLEKNOCK LAWNS)(1.30-3.30PM) ➤ TENNIS- (OPEN SESSION, NON COMPETITIVE - ALL ABILITIES, ALL AGES WELCOME)(1-3PM) (TRAINING ON ASTRO)
THURSDAY	Gym Balcony		➤ ATHLETICS TRAINING - ALL YEARS ➤ TENNIS - (COMPETITIVE PLAYERS ONLY, ALL YEARS) (TRAINING WILL BE IN SCHOOL ON ASTRO)(3.30-5PM)
FRIDAY	Gym Balcony	➤ NON-COMPETITIVE ROUNDERS - ASSEMBLE ON GRIT PITCH TO PLAY ALL YEARS	➤ CRICKET – 1ST YEARS ONLY (ASTRO PITCH) ➤ TENNIS – 1ST YEARS

YOU CAN CHOOSE AS MANY AFTER SCHOOL SPORTS AS YOU WISH. SHOULD YOUR TRAINING SESSIONS CLASH SPEAK TO THE COACHES OF THE SPORTS AND SOMETHING WILL BE ARRANGED FOR YOU TO ENABLE YOU TO KEEP UP BOTH ACTIVITIES WHERE POSSIBLE.

COACHES: **ATHLETICS:** MS. CORRIGAN

GOLF: MS. CAROLL, MS. NOLAN

TENNIS: MS. RING, MS. CLARKE, MS. MCMORELAND **GAA:** MS. CAROLL, MR. MCDONNELL, MR. O'SULLIVAN

CRICKET: MS. HURLEY

ROUNDERS: MR. O'SULLIVAN

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