

## WINTER EXTRA CURRICULAR TIMETABLE 2017-2018

<u>DAY/MORNING</u> 7.50-8.20AM	<u>LUNCH</u> 12.50-1.30PM	<u>AFTER SCHOOL</u> PLEASE NOTE DIFFERENT START/FINISH TIMES.
<b>MONDAY</b> <ul style="list-style-type: none"> <li>➤ BALCONY GYM –4<sup>TH</sup>, 5<sup>TH</sup> &amp; 6<sup>TH</sup> YEARS ONLY.</li> <li>➤ TRIPLE-HILL CHALLENGE</li> </ul>	<ul style="list-style-type: none"> <li>➤ GYMNASTICS (ALL YEARS).</li> <li>➤ GAELIC FOOTBALL (ALL YEARS).</li> </ul>	<ul style="list-style-type: none"> <li>➤ SENIOR BASKETBALL - INDOOR COURTS. <b>3.30-5.30PM.</b></li> <li>➤ ATHLETICS – ALL YEARS <b>3.30-5.30PM</b></li> <li>➤ HOCKEY MINOR A&amp;B <b>3.30-5.30PM.</b> MINOR</li> <li>➤ C&amp;D <b>3.30-4.30PM.</b> SENIOR 3 <b>4.30-5.30PM</b> 4<sup>TH</sup> &amp; 5<sup>TH</sup> YEAR</li> </ul>
<b>TUESDAY</b> <ul style="list-style-type: none"> <li>➤ BALCONY GYM 4<sup>TH</sup>, 5<sup>TH</sup> &amp; 6<sup>TH</sup> YEARS ONLY.</li> </ul>	<ul style="list-style-type: none"> <li>➤ LUNCHTIME RUN – (ALL YEARS).</li> </ul>	<ul style="list-style-type: none"> <li>➤ OPEN SESSION BADMINTON ALL YEARS –INDOOR COURTS. <b>3.30-5.30PM</b></li> <li>➤ HOCKEY JUNIOR C <b>3.30-4.30PM.</b> JUNIOR A/B <b>4.30-5.30PM.</b> SENIOR A/B <b>3.30-4.30PM</b></li> </ul>
<b>WEDNESDAY</b> <ul style="list-style-type: none"> <li>➤ BALCONY GYM – 4<sup>TH</sup>, 5<sup>TH</sup> &amp; 6<sup>TH</sup> YEARS ONLY.</li> </ul>		<ul style="list-style-type: none"> <li>➤ 2<sup>ND</sup> YEAR (JUNIOR) BASKETBALL - INDOOR COURTS. <b>1-3PM</b></li> <li>➤ 3<sup>RD</sup> &amp; 4<sup>TH</sup> YEAR (CADETTE) BASKETBALL – OUTDOOR COURTS. <b>1-3PM</b></li> <li>➤ GAELIC FOOTBALL (ALL YEARS) <b>1-3PM</b></li> <li>➤ HOCKEY 1<sup>ST</sup> YEARS <b>1.15-2.30PM.</b> MINOR A/B (2<sup>ND</sup> YRS.) <b>2.30-4PM.</b> MINOR C/D (2<sup>ND</sup> YRS.) <b>2.30-3.30PM.</b></li> </ul>
<b>THURSDAY</b> <ul style="list-style-type: none"> <li>➤ BALCONY GYM – 4<sup>TH</sup>, 5<sup>TH</sup> &amp; 6<sup>TH</sup> YEARS ONLY.</li> <li>➤ CIRCUITS FOR ALL – INDOOR GYM</li> </ul>	<ul style="list-style-type: none"> <li>➤ LUNCHTIME RUN – (ALL YEARS).</li> <li>➤ CAMOGIE (ALL YEARS).</li> </ul>	<ul style="list-style-type: none"> <li>➤ BADMINTON TEAM TRAINING (ALL YEARS) – INDOOR COURTS. <b>3.30-5.30PM</b></li> <li>➤ 1<sup>ST</sup> YEAR (MINOR) BASKETBALL – OUTDOOR COURTS <b>3.30-5.30PM.</b></li> </ul>

<b>THURSDAY CONTINUED...</b>		<ul style="list-style-type: none"> <li>➤ HOCKEY JUNIOR A/B &amp; SENIOR A/B <b>3.30-5.30</b></li> <li>➤ HOCKEY SENIOR C &amp; JUNIOR <b>3.30-4.30PM</b></li> </ul>
<b>FRIDAY</b> <ul style="list-style-type: none"> <li>➤ BALCONY GYM – 4<sup>TH</sup>, 5<sup>TH</sup> &amp; 6<sup>TH</sup> YEARS ONLY.</li> </ul>	<ul style="list-style-type: none"> <li>➤ GYMNASTICS (ALL YEARS)</li> <li>➤ GAELIC FOOTBALL (ALL YEARS)</li> </ul>	<ul style="list-style-type: none"> <li>➤ HOCKEY 1<sup>ST</sup> YEARS (INDOOR/OUTDOOR)</li> </ul>

**PLEASE BE ADVISED THAT THERE MAY BE SOME CHANGES TO THE TIMETABLE.**